

# Superintendent's Update

## September 14, 2022



# LCAP Goals

## Goal # 1

All students will receive a high quality education in a safe and welcoming environment with equitable high expectations, access to technology, and instruction in the California State Standards that prepare them for college and career.

## Goal # 2

High quality, culturally proficient, and responsive staff will provide engaging instruction respectful of all students' backgrounds to ensure they are college and career ready.

## Goal # 3

Parents, family and community will be informed, engaged and empowered as partners with Mt. Diablo Unified to support student learning.

## Goal # 4

Focus scholars, specifically Black/African American students, Foster Youth, and students experiencing homelessness will experience culturally responsive practices and instruction, high expectations, equal access to educational opportunities, within an educational environment that builds trust and inclusive partnerships between the students, families and staff.



College & Career Readiness

**Educational Equity**



# Contra Costa County Teacher of the Year Celebration

Thursday, September 22

6:00PM-7:30PM

Hofmann Theatre Walnut Creek, CA

Katalina Gallo, Mt. Diablo High School

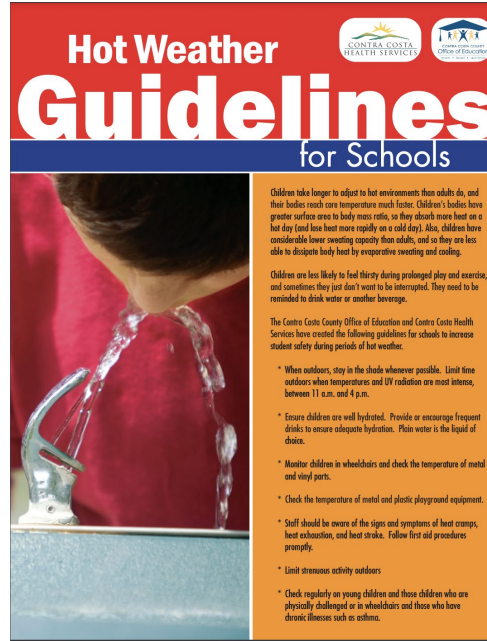
Natasha Paul, Mt. Diablo High School (Finalist)



# Hot Weather Guidelines

When outdoors, stay in the shade whenever possible. Limit time outdoors when temperatures and UV radiation are most intense, between 11 a.m. and 4 p.m.

- \* Ensure children are well hydrated. Plain water is the liquid of choice.
- \* Monitor children in wheelchairs.
- \* Check the temperature of metal and plastic playground equipment.
- \* Staff should be aware of the signs and symptoms of heat cramps, heat exhaustion, and heat stroke.
- \* Limit strenuous activity outdoors
- \* Check regularly on young children and those children who are physically challenged.



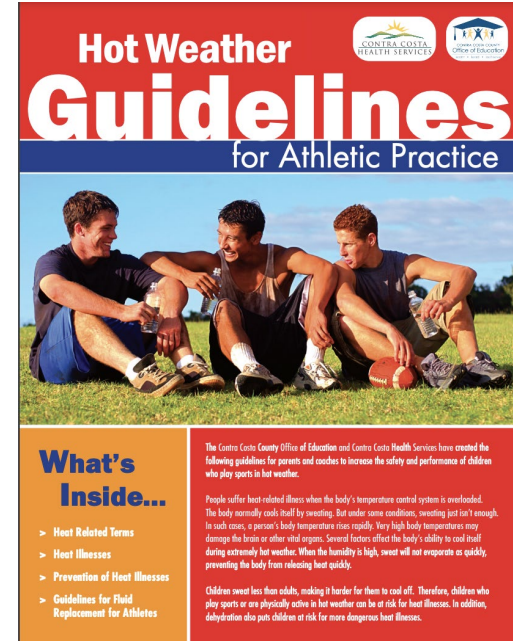
**Hot Weather Guidelines for Schools**

Children take longer to adjust to hot environments than adults do, and their bodies reach core temperature much faster. Children's bodies have greater surface area to body mass ratios, so they absorb more heat on a hot day (and lose heat more rapidly on a cold day). Also, children have considerable lower sweating capacity than adults, and so they are less able to dissipate body heat by evaporative sweating and cooling.

Children are less likely to feel thirsty during prolonged play and exercise, and sometimes they just don't want to be interrupted. They need to be reminded to drink water or another beverage.

The Contra Costa County Office of Education and Contra Costa Health Services have created the following guidelines for schools to increase student safety during periods of hot weather.

- When outdoors, stay in the shade whenever possible. Limit time outdoors when temperatures and UV radiation are most intense, between 11 a.m. and 4 p.m.
- Ensure children are well hydrated. Provide or encourage frequent drinks to ensure adequate hydration. Plain water is the liquid of choice.
- Monitor children in wheelchairs and check the temperature of metal and vinyl parts.
- Check the temperature of metal and plastic playground equipment.
- Staff should be aware of the signs and symptoms of heat cramps, heat exhaustion, and heat stroke. Follow first aid procedures promptly.
- Limit strenuous activity outdoors.
- Check regularly on young children and those children who are physically challenged or in wheelchairs and those who have chronic illnesses such as asthma.



**Hot Weather Guidelines for Athletic Practice**

**What's Inside...**

- > Heat Related Terms
- > Heat Illnesses
- > Prevention of Heat Illnesses
- > Guidelines for Fluid Replacement for Athletes

The Contra Costa County Office of Education and Contra Costa Health Services have created the following guidelines for parents and coaches to increase the safety and performance of children who play sports in hot weather.

People suffer heat-related illness when the body's temperature control system is overloaded. The body normally cools itself by sweating. But under some conditions, sweating just isn't enough. In such cases, a person's body temperature rises rapidly. Very high body temperatures may damage the brain or other vital organs. Several factors affect the body's ability to cool itself during extremely hot weather. When the humidity is high, sweat will not evaporate as quickly, preventing the body from releasing heat quickly.

Children sweat less than adults, making it harder for them to cool off. Therefore, children who play sports or are physically active in hot weather can be at risk for heat illnesses. In addition, dehydration also puts children at risk for more dangerous heat illnesses.

# Backpack giveaway made possible by the Family Giving Tree and the Shane Company! Cambridge Elementary



# Principals Collaborate and Observe Math Lessons

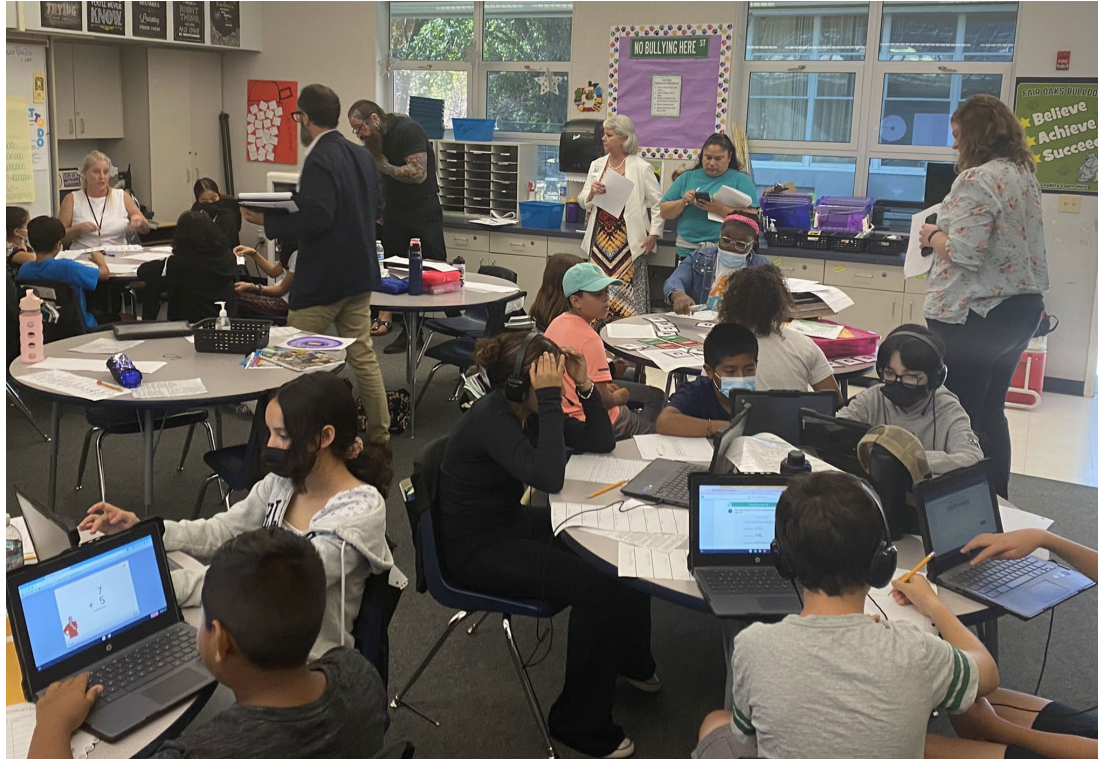


# Principals Collaborate and Observe Math Lessons





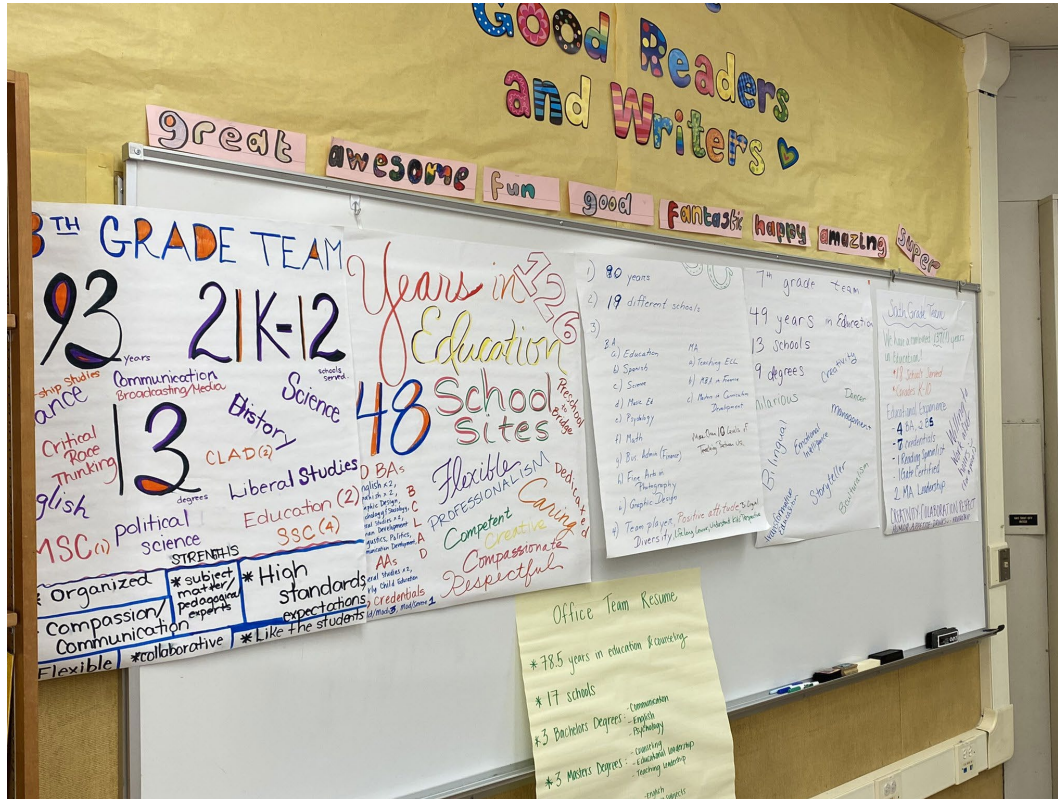
# Principals Collaborate and Observe Math Lessons



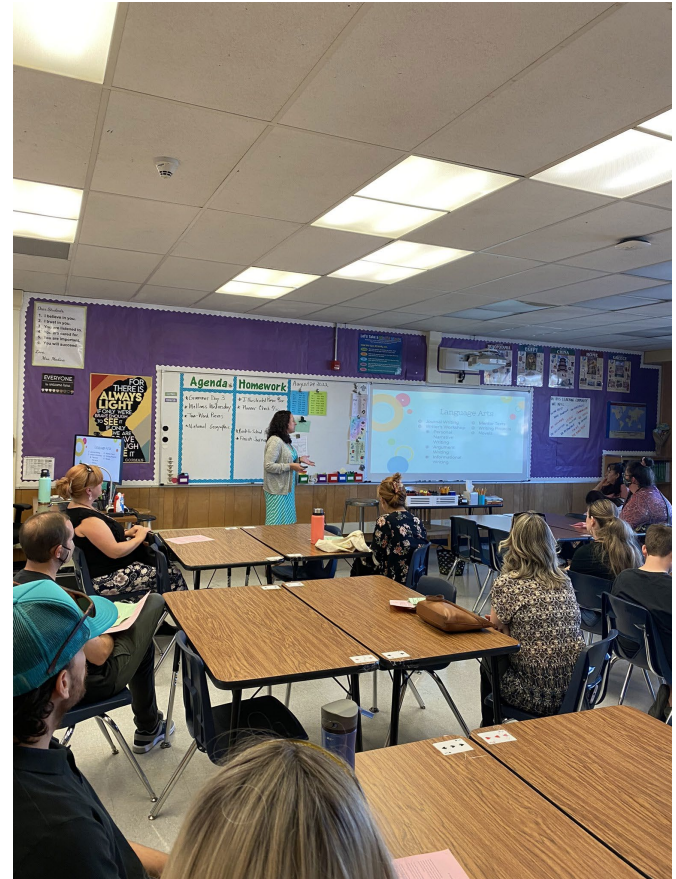
# Robotics Club



Group resumes from each teaching/support staff cohort. Proof positive that we are enough to serve the needs of every student.



# Back to School Night



# MDUSD College Fair

10th Annual MDUSD College Fair

Thursday, October 27

6:30 p.m. - 8:00 p.m.

Back In Person!

Ygnacio Valley High School



## SAVE THE DATE!

### 10<sup>th</sup> Annual MDUSD College Fair

THURSDAY, OCTOBER 27, 2022

6:30 p.m. - 8:00 p.m.

*Back In Person!*

**Ygnacio Valley High School**

755 Oak Grove Road, Concord

- Meet more than 90 representatives from colleges and universities across California and the country!
- Learn about other post-secondary options and gather resources.
- Get answers to your questions and make an informed decision about the right fit for you.
- Ideal for students in their junior and senior year!
- Students must show a student ID or proof of attending a MDUSD Adult program to enter the fair

***Open only to students and parents/guardians  
from MDUSD high schools or Adult programs***

*This event is run entirely by volunteers! If you want to volunteer or have any questions, send an email to: [mdusdcollgefair@gmail.com](mailto:mdusdcollgefair@gmail.com)*

**Sponsored by Mt. Diablo Unified School District**



# Mt. Diablo High Alumni Talk to Current Seniors

Recent Mount alumni joined seniors to talk about their college experiences.

- Fawziyah (Cal)
- Alanna (Cal)
- Abel (DVC)
- Isaiah (DVC)
- Nick (UCLA)



# Social Emotional Learning

Expanded Equity Partnerships converge at the YVHS Wellness Center to collaborate and support students.

- Nisha (Public Health)
- Kiwi (Social Work Intern)
- Andrea (Upward Bound DVC)



# High School Happenings





# High School Happenings



# Battle of the Bands



Concord's 2nd Annual

# Battle of the Bands

*Alvarado High School, Benning High School, Clayton Valley High School, Charter High School, College Park High School, Concord High School, For The Border High School, Mendocino High School, Northridge High School, Redwood High School, Sycamore High School, Tilden High School, Westgate High School*

**Saturday, September 17, 2022**  
5pm-8pm  
@Concord High's Football Stadium  
Featuring 8 Local High School  
Marching Bands  
**FREE ADMISSION!!**  
Dinner & Dessert sold  
Concessions benefit participating music programs

