

NETWORK FOR HEALTHY CALIFORNIA GRANT LOCAL INCENTIVE AWARD PROGRAM

The Network for Healthy California Grant is a Local Incentive Award Program and is designed to enhance and support nutrition education and physical activity in schools and county programs. The funds are intended to create and expand innovative partnerships that assist low-income consumers in adopting healthy eating and physical activity behaviors, as part of a healthy lifestyle.

This grant will help to enhance the Mt. Diablo Collaborative for Academics, Recreation and Enrichment for Students (CARES) After School Program's nutrition education priorities to:

- Build and maintain a comprehensive school-based nutrition service that promotes children's health and readiness to learn,
- Provide nutritious snacks,
- Promote nutrition education classes,
- Promote health education and cooking classes,
- Promote garden based nutrition education,
- Increase physical fitness and teamwork skills,
- Build partnerships within the school and community that support a comprehensive nutrition program.

The grant award, if approved would be \$233,557. The grant funds would be used to:

- Contract three health and garden educators to provide direct instruction and guidance to After School Program students on nutrition, health and garden education.
- Purchase nutrition, health and garden materials and curriculum to expand and enrich student instruction.
- To pay for additional instructional hours of nutrition education, cooking and physical activity promotion services provided by recreation staff during the After School Program.
- To pay for a percentage of the CARES After School Program Administrator and clerical staff.