

Mt. Diablo USD

Administrative Regulation

Physical Education

AR 6142.7
Instruction

Exemptions from Second Year of High School Physical Education Requirement

Education Code 51242 states that: "The governing board of a school district may exempt any four-year or senior high school pupil from attending courses of physical education, if the pupil is engaged in a regular school-sponsored interscholastic athletic program carried on wholly or partially after regular school hours.

Students who have passed ninth grade PE and met satisfactorily 5 of 6 standards of the physical performance test may receive an exemption from the second year of the PE graduation requirement under the following conditions:

1. Upon student request and certification of participation by the varsity coach, athletic director, and the a site administrator, students who complete three seasons of varsity level school sponsored athletics in at least two different sports by the end of eleventh grade may receive the exemption.
2. Upon student request to site administration and submission of verified documentation, students participating in elite level (e.g. Olympic development programs, national teams) outside athletic competition for at least two years may receive the exemption.

Students receiving the PE exemption must still complete the total overall number of credits for graduation.

Legal Reference:

EDUCATION CODE
51242 Exemption from physical education for athletic program participants

Adopted: