



ONE DAY AT A TIME

Empowering Youth and Adults to Live Positive Lifestyles





ONE DAY AT A TIME

Our Mission

One Day at a Time provides Latinx youth and young adults of color with hope, support, healing and opportunity to realize their strengths, their self-worth, and their power.

Our Vision

A world where youth are safe, connected, empowered, inspired, and heard

Our Values

- Respect
- Understanding
- Growth
- Equity
- Dedication / Perseverance



Our History

1997



ODAT Founded

2009



Youth Empowerment & Leadership Development

2010



Beyond Violence Youth Empowerment Program

2017



Fiscal Sponsor

2019



Reflection Room, Elementary School

2020-2022



Covid Pandemic

2023-2024



Uplifting Peace Elevate Youth, Mental Health Innovations Grant



Our Youth Development Model

PROMOTE &
DEVELOP

- Positive adult / mentor relationships
- High expectations (academic & behavioral)
- Opportunities for meaningful participation and decision-making
- Healthy social emotional skills



WHICH LEAD
TO:

- Increased student connectedness and engagement
- Less vulnerability to risk factors
- Greater resilience & social emotional competencies



WHICH
RESULT IN:

- Decrease in school absenteeism / truancy
 - Decrease in school discipline referrals
 - Higher academic achievement
 - Decrease in risk taking behaviors
- Long Term:**
- Reduction in disparities for vulnerable youth





Our School Based Program

- ❑ Weekly youth development group sessions
- ❑ School site crisis mediations
- ❑ Leadership opportunities
- ❑ Educational & recreational field trips and activities
- ❑ Community service opportunities
- ❑ Referral services
- ❑ Parental engagement & support





Youth Community Service & Leadership Activities

- ❑ Cinco De Mayo
- ❑ Easter Egg Hunt Event
- ❑ Los Gatos
- ❑ DVC & Dreamer Resource Presentation
- ❑ Immigration Forum Event
- ❑ Community Guest Speakers





Recreational & Educational Field Trips

- ❑ UC Davis Cesar Chavez Conference
- ❑ Tesla
- ❑ Tana
- ❑ Water Rafting & Camping

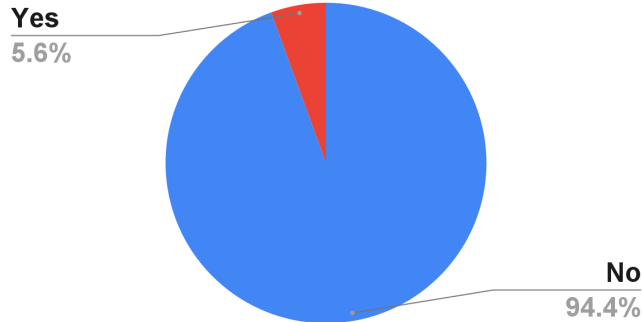




Demographics

The following information was given to us by the students through a questionnaire they filled out at the beginning of the school year.

Do you identify as LGBTQ+



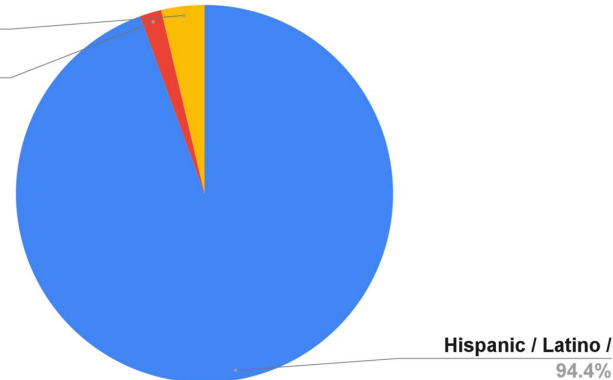
Ethnic / Culture Group

Asian, Hispanic /

3.7%

Asian, Black / African

1.9%



Gender



Grade Level

17.1% 9th grade
17.1% 10th grade
31.4% 11th grade
34.3% 12th grade

Age

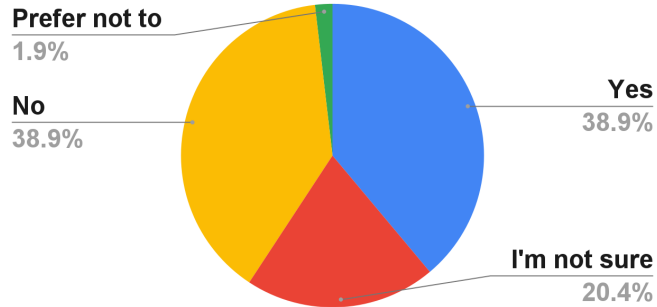
3 - 14 year olds
9 - 15 year olds
15 - 16 year olds
22 - 17 year olds
2 - 18 year olds



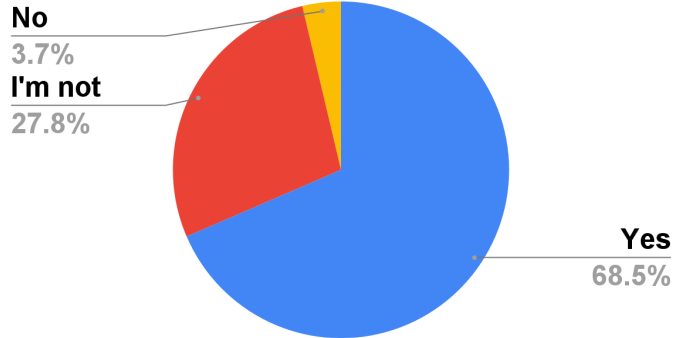
Demographics

The following information was given to us by the students through a questionnaire they filled out at the beginning of the school year.

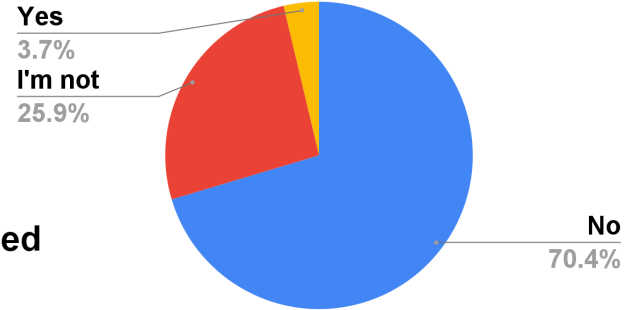
Are you an English Language Learner?



Do you qualify for free or reduced



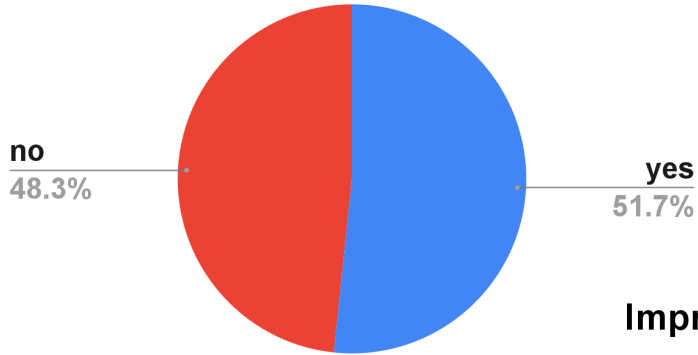
Do you have an IEP



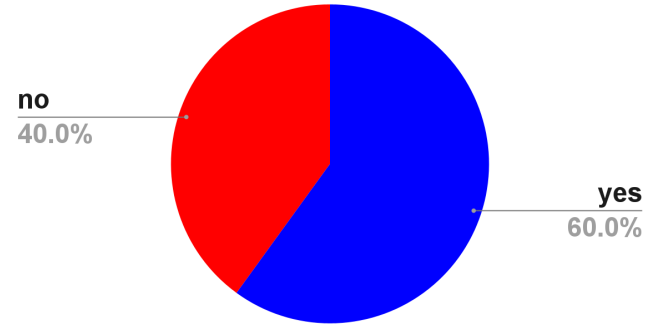


Academic Impact

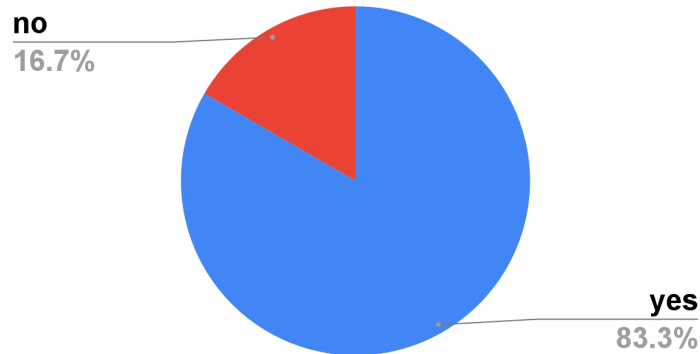
Maintained or Improved in Grades



Improved in Attendance



Improved in Discipline



This information is based off their first semester grades. The pie charts show what percentage have improved in all aspects.



Youth Testimonies

Odat helped me open up to some people and have full confidence with myself

ODAT made me open up more, be more trusting and not always have my guard up

Odat is the best program for the youth. It brings you confidence and is full of opportunities, pushes you to be and do better in life overall

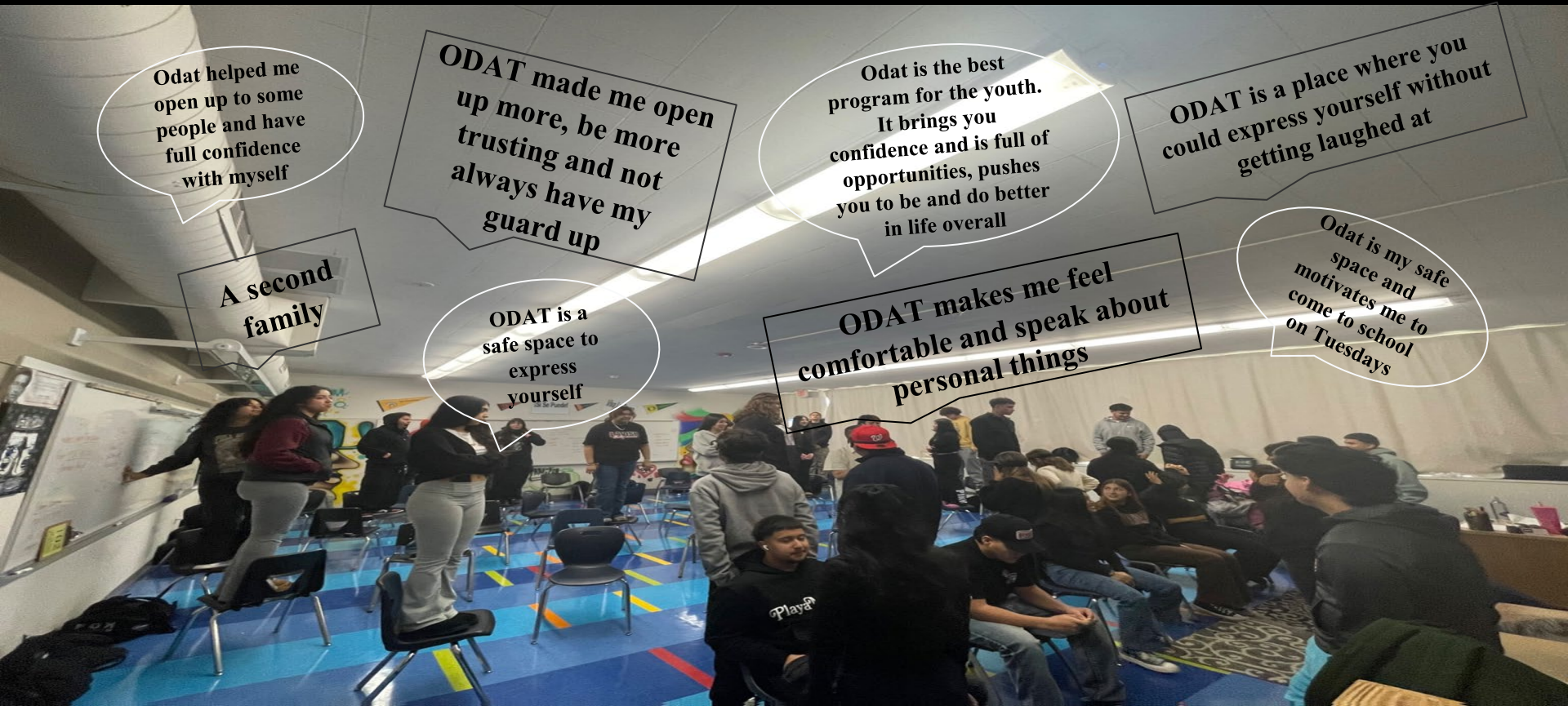
ODAT is a place where you could express yourself without getting laughed at

A second family

ODAT is a safe space to express yourself

ODAT makes me feel comfortable and speak about personal things

Odat is my safe space and motivates me to come to school on Tuesdays



Collaborative History

Educational Partners



AND BEFORE WE LEAVE PLEASE REMEMBER...

“ USA youth may represent 23.8% of the population but they represent 100% of the future”

ODAT La Mesa Youth leadership Council Member



For More Information

Johnny Rodriguez

Executive Director & Founder

925-437-3574

johnny.rodriguez@odatec.org

Sarai Espinoza

Development Manager

209-430-3682

admin@odatec.org



@onedayatatime_ec



Odat Youth Empowerment



odatec.org

Donate Here

