



Youth Outreach and Navigation Program to Discourage Substance Use

Program Overview

La Familia will build on our history of success with youth adolescent substance use treatment. Activities will support Contra Costa County's Alcohol and Other Drug Services as we reimagine youth service continuum and engage young people in pro-social activities proven to help with substance use abstinence. The Program will specifically focus on the Richmond and Concord communities. Our skilled staff, who are trained in youth development, substance use prevention and intervention, and outreach will seek to engage youth in these identified communities into substance use services and broader service engagement. The goal of this program is to increase access to safer afterschool activities, positive adult role models, and access to SUD treatment in order to create opportunities for success in the young people who engage in the program.

Adolescent Services Approach

We believe in a client-centered and strength-based approach to relationship building and treatment. As providers, we collaborate to provide the highest quality of care for clients and seek to ensure the youth receive culturally relevant substance abuse treatment services, counseling, crisis intervention services, and other support services. All services are provided in English and Spanish.

Evidence-Based Practices

- * Positive Youth Development
- * Family Engagement
- * Motional Interviewing
- * Harm Reduction
- * Cognitive Behavioral Therapy
- * Seeking Safety

Program Design

This program model will include a combination of services delivered at two sites including (1 in Richmond and 1 in Concord):

- * On-campus and community-based outreach
- * Screening, brief intervention, and referrals to treatment with CC AODS
- * Weekly afterschool activities, delivered in groups of 10-12, including:
 - * Experiences related to visioning for the young person's future
 - * Access to safe adults and group mentoring experiences
 - * Off-site trips (2 per year) and program celebrations (2 per year)
- * Curriculum-based SUD group meetings available 2-4 times per week

