

2024-2025 Courses for Lifelong Education

Drawing – Still Life and Portraits
Figure Painting in Watercolor from a Photograph
Fundamentals of Painting- Landscape and Portraits/Oil and Acrylic
Watercolor – Beginning Plus
Watercolor – Continuing!
3 Quick, Easy and Delicious Dinners
Chow Mein
Cool Summer Noodles
Knife Skills
Mushroom Cooking
Mushroom Wonder!
New Tasty Low Cal Cooking with Seafood
Organic Veggie Soup
Spicy Thai Cooking Part II
Summer Seafood Salad
Three Chicken Salads
Sushi Party!
Tasty Party Appetizers and Potluck Dishes
Three Chicken Salads!
Vegetarian Food for a Busy Life!
Wrap it Up! Beautiful Hors d' oeuvres
Deconstructed Lasagna Soup
Flavorful Chicken Pot Pie
Pho-Nominal Delights
Soulful Greens and Cornbread Delights
Pot Stickers Party
Easy to make Seafood Hors d'Oeuvres
Tofu
Soup for the Soul
Southern Comfort
Zuppa Soup
Body Butter
Ceramics – All Levels
Ceramics – The Fundamentals!
Mosaics for Beginners
Candle Making
Gift Wrapping
Create Floral Design!
Creative Floral Design – Continue Advanced
Jewelry – Casting Lost Wax Jewelry
Jewelry – Friendly Beading
Jewelry – Silver Soldering for the Kitchen Table Jeweler
Knitting
Lip Balm Making
Quilting – Quilting Intermediate
Quilting - Quilting For Hospice and Community Needs

Sewing – Beginning
Sewing Lab
Tunisian Crochet
All About Social Ballroom, Swing, and Latin Dance
Line Dance
Buy and Finance a Home
Community Based Instructor-Would you like to join our instructional team?
Reverse Mortgages...Let's Talk FACTS!
Sell your Home FAST and for More!
Trust and Estate Planning Made Simple
Welcome to Medicare
How to be a Bay Area Landlord
How to Start a Small Business
Ballet-Based Fitness
Chair Yoga!
Mind/Body Fitness with Laughter!
T'ai Chi Chih – Joy through Movement
Tai Chi for Arthritis – Beginning
Tai Chi for Arthritis – Intermediate
Chair Yoga
Hatha Yoga
Slow Flow Yoga
Tai Chi Diabetes
Tai Chi Energy
Tai Chi for Arthritis – Part 2 and Other
Power Vinyasa Flow Yoga
Drywall Repair!
Electrical Cord Repair and Outlet Replacement
Furniture Repair & Restoration – All Levels Welcome
Home Solar-Does it make sense for me?
Maintenance and Repair for Home and Property
Organize – Roadblocks to Organizing
Organize – It's OK to Let Go!
Organize – Simple Organizing
Upholstery – Beginning
Interior Design for Beginners
Italian - Beginning
Spanish Beginning
Spanish Intermediate
Spanish – Advanced Intermediate
Spanish for Travelers
Recreational Folk Guitar
Classical Guitar
Boost Your Mood, Not Your Food
Hypnosis for Anxiety
Hypnosis for Personal Management
Improv for all Levels
Improv Intermediate

Introduction to Self-Hypnosis
Writing – Creative Writing
Introduction to Dungeons and Dragons
SOS: Stop Over Eating
Basic Computer Skills
All About iCloud
All About Subscriptions!
Apple iPhone 101
Apple Wallet and Apple Pay
Apple Watch 1:01
Hey, Siri
I H* Pa\$\$wOrds
iPad Tips and Tricks
iPhone 101
iPhone Power Users Clinic
iPhone Tips and Tricks
Jet-setting with an iPhone
Keeping Track of People
The Mac's Swiss Army Knife
The Magic of AirPods
Personalize Your iPhone
Photos: Take, Organize, Edit and Share
Problem? Solved!
Share and Share Alike
Shortcuts – Get Stuff Done Faster
Staying Safe – with Apple Products
What the Heck is the Finder?
What's a Podcast
What's New with Apple Watch?
What's New with iPad?
What's New with iPhone?
Accessibility for Everyone
Apple & AI
Apple iPad 101
Woodcarving
Woodturning – 101 Introductions to Woodturning
Woodturning – 150 Advanced Spindle Turning Techniques
Woodturning – 201 Basic Bowl Turning
Woodturning – 250 Intermediate Bowl Turning
Woodturning – Cast and Turn a Lost Wood Acrylic Box
Woodturning – Cross Grained Boxes
Woodturning – Holiday ornaments
Woodturning – Independent Projects Open Shop
Woodturning – Open Segment Turning
Woodturning – Pen Intensive
Woodturning – Platters
Woodturning – Professional Demo Night with Pizza
Woodturning – Turning Jewelry

Woodturning – Turning Small Boxes
Woodworking – Box Making – Basic Box Making
Woodworking – Building Classic Furniture
Woodworking – Diablo Woodworkers
Woodworking – Emphasis Hand Tools - Dovetails
Woodworking - Independent Project Open Shop
Woodworking – Introduction to Woodworking Part I
Woodworking – Introduction to Woodworking Part II
Woodworking – Master Series Projects
Woodworking – Shop Projects
Woodworking – Scroll Saw Workshop
Woodworking – Wood Finishing – The Art of Wood Finishing
Woodworking – Design and Build Inlaid Charcuterie/Cutting Board