

MT. DIABLO UNIFIED SCHOOL DISTRICT GOVERNING BOARD RESOLUTION

20/21- 67

Recognizing May as Mental Health Awareness Month and May 7, 2021 as National Children's Mental Health Awareness Day

WHEREAS, Friday, May 7, 2021 has been designated National Children's Mental Health Awareness Day, to raise awareness of issues surrounding people, particularly children, with mental health concerns; and

WHEREAS, mental health, is essential to everyone's overall health and well-being; affecting how everyone thinks, feels, and acts, it also helps determine how everyone handle stress, relates to others, and makes choices and

WHEREAS, a focus on prevention, early intervention, and self-advocacy efforts could greatly reduce the number of children and youth experiencing serious mental health conditions and emergencies;

WHEREAS, the district recognizes that the Covid-19 pandemic and social injustice in the country has created a major need for more mental health support where children and adolescents will have access to the resources; and

WHEREAS, the district recognizes children and adolescents will continue to need support upon return to campuses full time; and

WHEREAS, children and adolescents can learn skills necessary to manage their mental health and be academically successful while leading full, productive lives in the community; and

WHEREAS, the district prioritizes the mental health of our children and adolescents with an equitable lens to support families; and

WHEREAS, it is appropriate that time should be set apart to reflect on the direction of our thoughts and actions toward our children's mental health and well-being; and

WHEREAS, the district, while utilizing our resources to effectively serve our children and adolescents by supporting the mental health needs in our community; and

WHEREAS, we acknowledge the contributions and commitment of families advocating for individuals' mental health during their educational journey; and

WHEREAS, the district pledges to continually assess and improve the range of educational services provided to meet the diverse needs for students' mental health; and

WHEREAS, the district recognizes that part of educating students, preschool through graduation, is supporting their mental health which requires commitment to meaningful collaboration with students, families, educators, partners, and community members; and

NOW, THEREFORE, BE IT RESOLVED, that the Board of Education of the Mt Diablo Unified School District recommits our educational community to increasing awareness and understanding of mental health, the steps our children and adolescents can take to maintain their mental health, self-advocacy, and the need for appropriate and accessible services for all people, and approves the designation of the month of May as Mental Health Awareness Month and Friday, May 7, 2021 as National Children’s Mental Health Awareness Day.

AYES: NOES: ABSENCES: ABSTENTIONS:

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Cherise Khaund, Board President

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Debra Mason, Board Vice President

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Linda Mayo, Board Member

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Erin McFerrin, Board Member

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Keisha Nzewi, Board Member

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Dr. Adam Clark, Superintendent

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*Resolution 20/21 -67*

*Adopted at the meeting of the MDUSD Governing Board of Education on 05/12/2021*

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