

Mt. Diablo USD

Board Policy 6142.7

Physical Education

6142.7

Instruction

The Governing Board desires to provide a physical education program which builds interest and proficiency in movement skills and encourages students' lifelong fitness through physical activity. Besides promoting high levels of personal achievement and a positive self-image, physical education activities should teach students how to cooperate in the achievement of common goals.

(cf.5121 – Grades/Evaluation of Student Achievement)

(cf.6142.8 – Comprehensive Health Education)

(cf. 6145.2 – Athletic Competition)

(cf. 6146.1 – High School Graduation Requirement)

The Board shall approve the components of the physical education program.

(cf. 6143 – Courses of Study)

Physical education staff shall take special care to ensure that excessive physical exertion is not required of students who have informed staff of a heart or respiratory condition or other physical disability that may restrict such activity. Any dispute concerning such a condition shall be submitted to the principal or designee, who may make appropriate inquiries consistent with state and federal law. An appropriate alternative activity shall be provided for these students.

(cf. 6164.6 – Identification and Education under Section 504)

Physical education staff shall appropriately limit the amount or type of physical exercise required of students during air pollution episodes, hot weather, or other inclement conditions.

(cf. 3516 - Emergencies and Disaster Preparedness Plan)

The Superintendent or designee shall develop regulations which define circumstances under which students may receive exemptions from meeting the second year of the high school PE graduation requirement. These may include participation on a school sponsored athletic team or participation in elite level outside athletic competition such as Olympic development programs.

Students in JROTC may receive PE credit for the second year of PE upon district approval of the JROTC course of study.

Legal References:

EDUCATION CODE

49066 Grades; physical education class
51241 Temporary or permanent exemption from physical education
51242 Exemption from physical education for athletic program participants
52316 Excuse from attending physical education classes
60800 Physical performance test

CODE OF REGULATIONS, TITLE 5

3051.5 Adapted Physical Education for Individuals with Exceptional Needs
10060 Criteria for Physical Education Program

CODE OF REGULATIONS, TITLE 15

4346 Exemption from P.E.
UNITED STATES CODE, TITLE 29

794 Rehabilitation Act of 1973, Section 504

ATTORNEY GENERAL OPINIONS

53 Ops. Cal. Atty. Gen 230 (1970)

Management Resources:

CDE PROGRAM ADVISORIES

[Physical Education FAQ, March 18, 2016](#)

Policy MT. DIABLO UNIFIED SCHOOL DISTRICT

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