# FENTANYL POISONING Education AND prevention



Yes, it can happen to you... your kid... a family member...a best friend....

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## Addressing the Fentanyl Crisis Among California Youth

......California faces a rapidly growing epidemic affecting youth and adults that predates COVID-19 by nearly a decade. In 2012, California suffered 82 tragic deaths attributed to fentanyl overdoses, and last year that number jumped to more than 6,000. Fentanyl deaths accounted for more than 80 percent of all drug-related deaths among California's young people in 2021. Most of our young victims ingested fentanyl accidentally, thinking they were using something less dangerous. It is the fastest growing cause of death for young people in our state, and we must lean in and confront this drug crisis now.

#### (From News site- "Breaking Hill")

"Fentanyl, it's just a different beast," said Dr. Hoover Adger Jr., professor of pediatrics at the Johns Hopkins University School of Medicine. "And it's so deadly. You have a milligram of fentanyl being equivalent to 50 milligrams of heroin, being equivalent to 100 milligrams of morphine. And right now, fentanyl is creeping into everything..."

"If you are buying an illicit opioid right now on the open market," Toce said, "it should be presumed that it **will** contain fentanyl."

Where fentanyl is being found: note how many you came up with-

- All street drugs
  - (this includes marijuana)
- Vape cartridges
- In adderall (off the street)
- In drinks at bars/parties/ frat and sorority houses
- Dollar bills left on the ground
- Door handles
- Grass at parks





### Opioid Overdose

- Will not wake up or respond to your voice or touch
- Breathing is very slow, irregular or has stopped
- Center part of their eye is very small sometimes called "pinpoint pupils"
- Fingernails and lips turning blue or purple
- Slow heartbeat and/or low blood pressure

#### **Good Samaritan Law**

Good Samaritan Law in our state......

California Health and Safety Code Section 1799.102 says, "No person who in **good** faith, and not for compensation, renders emergency medical or nonmedical care at the scene of an emergency shall be liable for any civil damages resulting from any **act** or omission."

#### **How does naloxone work**

- Quickly reverses an overdose by blocking the effects of opioids.
  - Restores normal breathing within 2 to 3 minutes
  - More than one dose of naloxone may be required when stronger opioids like fentanyl are involved.
- Naloxone won't harm someone if they're overdosing on drugs other than opioids.
- If you give someone naloxone, stay with them until emergency help arrives or for at least four hours to make sure their breathing returns to normal.

### Distribution of Naloxone

Naloxone is available on our middle and high school campuses.

Staff volunteer to be trained in the administration of naloxone.

They take an online training course then meet with a nurse to ensure they understood the requirements.

Each site maintains a training log for the site and indemnity forms

#### What can we do?

- Educate students and families
- Keep information everywhere
- Be realistic about who can be affected- which is EVERYONEfentanyl does NOT discriminate.
- Help advocate for FREE Naloxon (narcan) to be available to EVERY family in our district (next comes county and state)
- BE READY to help- keep Narcan with you at all times, upon seeing signs of fentanyl poisoning, call 911 and immediately administer Narcan.

#### For more information...

- If you would like more information or would like to be involved in our district and/or locally to educate families and get narcan available for FREE to all families in the district, please see me for more details.
- Thank you for your time
- Together we can make a difference- which means saving lives.





