

## **2021-2022 Lifelong Education Classes:**

Drawing – Still Life and Portraits

Figure Painting in Watercolor from Photographs

Fundamentals of Painting – Landscape and Portraits/Oil and Acrylic

Oil and Acrylic Painting

Watercolor Beginning – Beginners Only!

Watercolor – Continuing

Watercolor – Intermediate

Appetizers and More

Baklava Night

Chow Mein Without the Telephone

Citrus Night

Different Noodles in different Persian Dishes

Dolma Night

Eggplant and Okra Night

Everything Lentils

Gourmet Cooking

Italian Comfort Foods

Italian Gourmet cooking – Fresh and Fast!

Knife Skills

Pasta A to Z

Persian Appetizers and Dips

Persian Colorful Stews for Fall

Persian Plates Using Pistachio Nuts

Persian Style Meatballs and Fried Rich Dishes

Pomegranate Night

Pumpkin Night

Sushi Party

Tahchin – Secrets about Persian Rice

Tasty Party Appetizers and Potluck Dishes

Walnut and Raisin Night

Ceramics – All Levels

Creative Floral Design

Creative Floral Design – Designing with Dried Materials

Creative Floral Design – East Meets West Floral Design

Creative Floral Design – Lush Garden Flowers

Creative Floral Design – Wedding Flowers and Beyond  
Jewelry – Basic Jewelry  
Jewelry – Discover the Joy of Beading  
Jewelry – Friendly Beading  
Knitting  
Quilting – Intermediate  
Quilting – Quilt for Hospice and Community Needs  
Social Ballroom and Swing Dance  
Hot Mambo, Salsa, and Bachata!  
Buy and Finance your Dream Home  
Sell Your Home for Top Dollar  
Trusts and Estate Planning Made Simple  
Medicare Changes for 2022: What you Need to Know  
Welcome to Medicare  
Wills, Power of Attorney, and Advance Health Care Directive Workshop  
Aerobic Total Body Conditioning  
Exercise Using the Ballet Barre  
Move it  
Stretch and Move  
T'ai Chi Chih/Joy Through Movement  
Tai Chi for Arthritis – Beginning  
Tai Chi Arthritis and Other Forms  
Tai Chi Arthritis – Beginning Part II  
Tai chi for Arthritis – Intermediate and Yang 24 Form  
Virtual Zumba  
Yoga – Chair Yoga  
Yoga (Hatha) – Everything Starts at the Core  
Maintenance and Repair for Home and Property  
Organize – All That Paper, All Those Piles  
Organize – Roadblocks to Organizing  
Organize – Simple Organizing  
Pillows and Cushions  
More Pillows and Cushions  
Upholstery – Introduction to Creativity  
French – French I for Beginners, the E-Z Way  
French – French Traveler's Language Guide  
Spanish – Spanish for Travelers

Recreational Fold Guitar Flamenco Guitar and More!  
The Basics of Good Singing  
Introduction to Genealogy  
Into to Improv  
Intro to Stand Up comedy  
Introduction to Mindfulness – The Doorway to Increased Well-Being  
Creative Writing!  
Eating for Health: Boosting Your Digestion  
Eating for Health: Building Your Immune System  
Finding a Literary Agent  
Health – Sleeping Your Way to Better Health  
Introduction to Self-Hypnosis  
Hypnosis for Personal Management (Pain)  
Hypnosis for Personal Management (Stress)  
Hypnosis for Personal Management (Weight)  
Keys to Building a Better Brain at Any Age  
REIKI – Level I REIKI for Self-Healing  
REIKI Immersion Workshop: Part 1  
REIKI Immersion Workshop: Part 2  
Stress – Take Control of Stress Before It Takes Control of You  
Travel – Cultural Studies for the Traveler  
What's a Podcast  
All About iCloud  
Apple iPhone 101  
Apple Wallet and Apple Pay  
Apple Watch 1:01  
H8 Pa\$\$wOrds  
Mind Your Health  
Much Ado About Noting  
Maps: An Atlas in Your Pocket  
Messages....and More  
Photos: Take, Organize and Share  
Problem? Solved!  
Remind Me Again  
Sharing Information with iCloud  
Staying Safe with Apple Products  
Surfin' with Safari

Turning the Page on Calendars  
What the Heck is the Finder?  
What's New with iPad?  
What's New with iPhone?  
What's New with the Mac?  
Where Is It?  
Wood Carving  
Woodcarving Water Cowl and Wildlife  
Woodturning 101 – Introduction to Woodturning  
Woodturning 150 – Advanced Spindle Turning Techniques  
Woodturning 201 – Basic Bowl Turning  
Woodturning 301 – Advanced Green and Natural Edge Bowl  
Woodturning – Independent Projects Open Shop  
Woodturning – Lidded Boxes  
Woodturning – Remount and Return  
Woodturning – Sharpening Lathe Tools  
Woodturning - Square Winged Bowl  
Woodturning – Wooden Salad Fork and Spoon  
Wood Turners – Diablo Woodturners  
Woodworking – Introduction to Woodworking Part I  
Woodworking – Introduction to Woodworking Part II  
Woodworking – Building Classic Furniture  
Woodworking – Emphasis Hand Tools  
Woodworking – Independent Project Open Shop  
Woodworking – Making Beautiful Boxes  
Woodworking – Master Series: Projects  
Woodworking – Master Series: Tools and Techniques  
Woodworking – SketchUp for Woodworkers: Basic  
Woodworking – Projects and Beyond  
Woodworking – Sharpening Woodworking Chisels  
Woodworking – Diablo Woodworkers