



# MT. DIABLO

## UNIFIED SCHOOL DISTRICT

### **Mental Health Expansion Board of Education Update**

December 2024

# LCAP Goals

1

All students will receive a high quality education in a safe and welcoming environment with high expectations and rigorous instruction in the California State Standards that prepare them for college and career.

2

Highly qualified, culturally proficient, and responsive staff will create a safe and engaging learning environment respectful of all students' backgrounds ensuring they are college and career ready when they graduate.

3

Families and community members will be informed, and empowered as partners with Mt. Diablo Unified to support student learning and improve student outcomes.

4

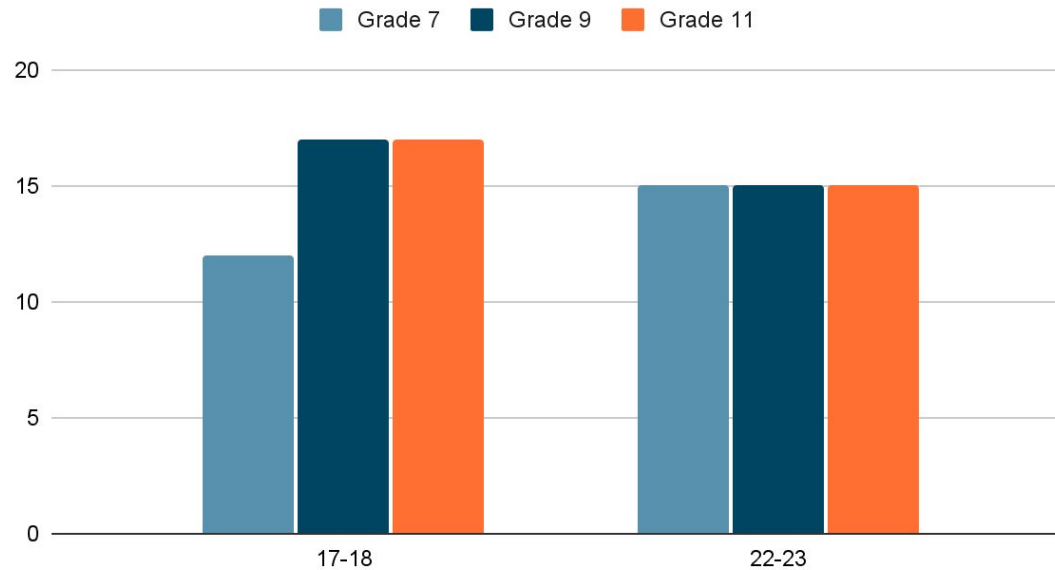
Focal scholars, specifically African American students, Foster Youth, students experiencing homelessness, students with IEPs and multilingual students, will experience culturally responsive practices and be provided rigorous instruction within an educational environment that builds trust and inclusive partnerships between the students, families, and staff.

5

All students at Crossroads High School and Olympic High School will demonstrate a 6% increase in attendance rate and a 6% increase in on-pace graduation rate by June 2026, leading to an increase of 6% in graduation rates.

# Update Let's Start with a Few Statistics

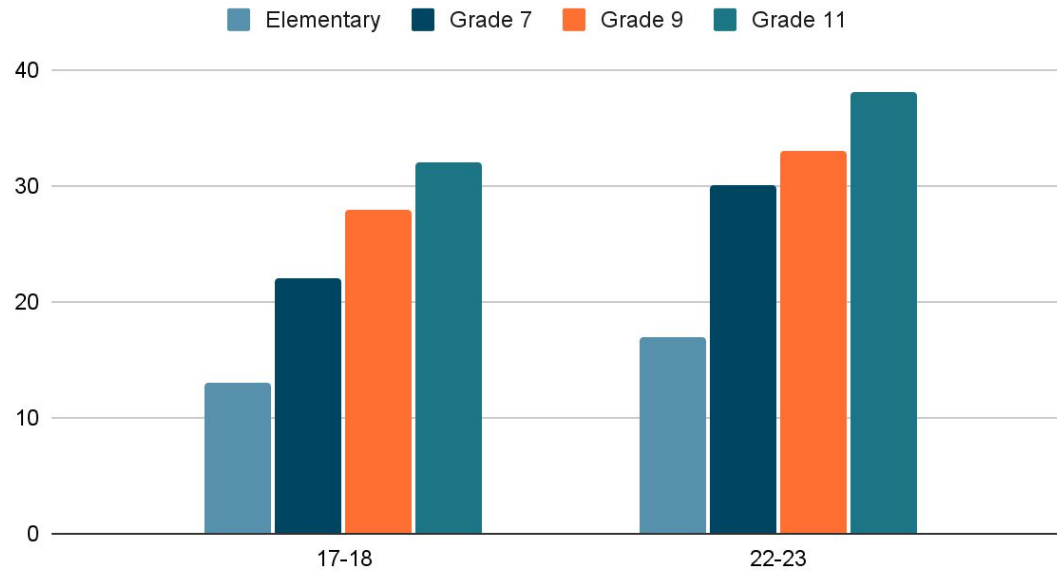
% of Students Reporting Suicidal Thoughts



<https://calschls.org/reports-data/search-lea-reports/>

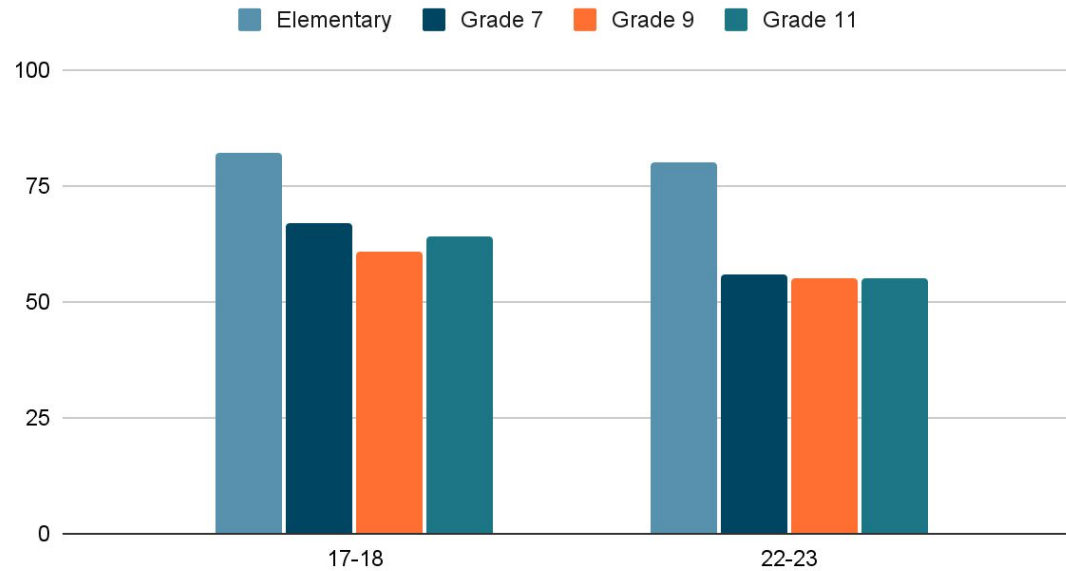
# Sadness

% of Students Reporting Sadness (Chronic/Frequent)



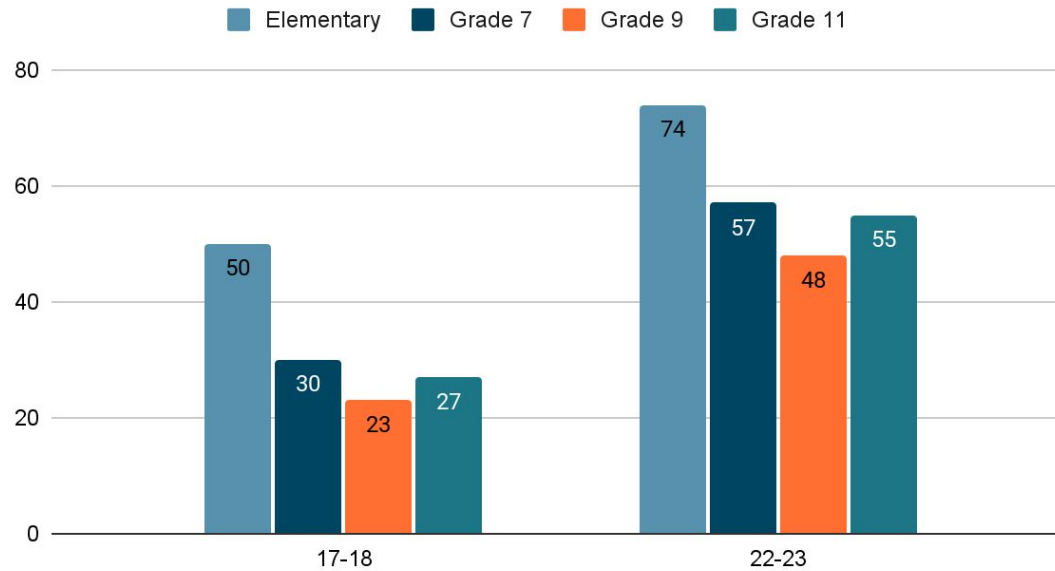
# Safety

% of Students Reporting Perceived Safety at School



# Caring Adult at School

% of Students Reporting Caring Adult at School



# Observable Characteristics and Behaviors

## Internalizing

- Change In Activity Level
  - Short Attention Span
  - Loss Of Interest
  - Constant Low Energy
- Withdrawal
  - Not Interacting Socially With Others
  - Excessive Fear Or Anxiety
- Daily Activities Interrupted
  - Change In Sleeping Habits
  - Sudden Weight Changes
- Immaturity
  - Inappropriate Crying
  - Poor Coping Skills
- Sudden Change In School Performance
  - Academically Performing Below Grade Level
  - School withdrawal



## Externalizing

- Change In Activity Level
  - Short Attention Span
  - Impulsiveness
- Aggression Or Self-injurious Behavior
  - Acting Out
  - Fighting
  - Self Harm
  - Eloping from campus
- Daily Activities Interrupted
  - Change In Eating Habits
- Immaturity
  - Temper Tantrums
- Sudden Change In School Performance
  - School refusal

# Emotional Disturbance Eligibility is not a criteria for receiving mental health support

Emotional disturbance means a condition exhibiting one or more of the following characteristics over a long period of time and to a marked degree that adversely affects a child's educational performance:

- (A) An inability to learn that cannot be explained by intellectual, sensory, or health factors.
- (B) An inability to build or maintain satisfactory interpersonal relationships with peers and teachers.
- (C) Inappropriate types of behavior or feelings under normal circumstances.
- (D) A general pervasive mood of unhappiness or depression.
- (E) A tendency to develop physical symptoms or fears associated with personal or school problems.
- (F) Emotional disturbance includes schizophrenia. The term does not apply to children who are socially maladjusted, unless it is determined that they have an emotional disturbance under subdivision (b)(4) of this section.

**Services are based on need,**  
**not eligibility**



# IEP and Section 504 Plans are not the only answer

## IEP (IDEA)

- Does the student have a disability in an IDEA eligibility category?
- Does the student REQUIRE special education and related services?

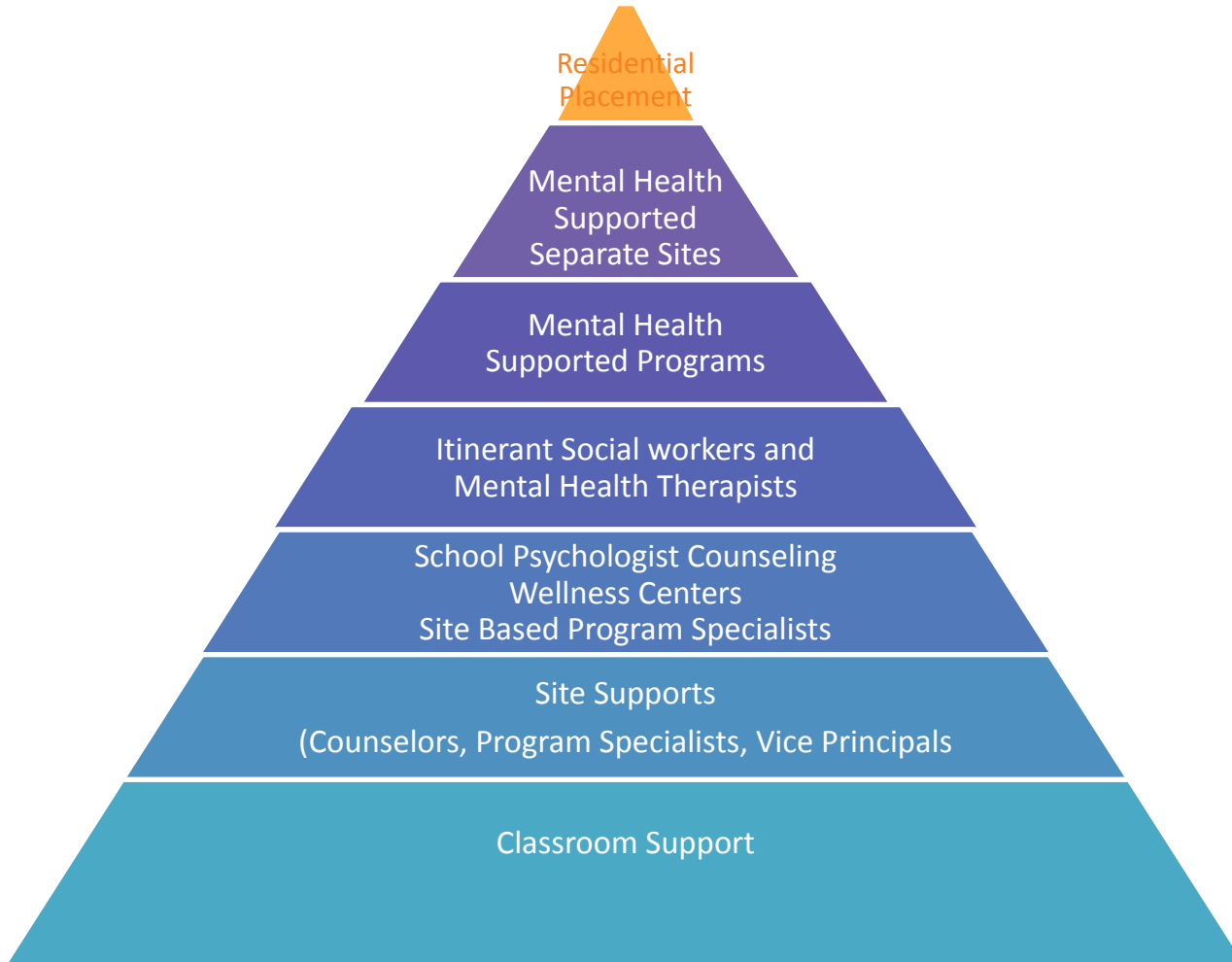
## Section 504

- Does the student have a mental or physical impairment?
- Does the impairment substantially limit a major life activity?

# Least Restrictive Environment

- Students must be educated with general education peers to the maximum extent possible, with supports





Residential  
Placement

Mental Health  
Supported  
Separate Sites

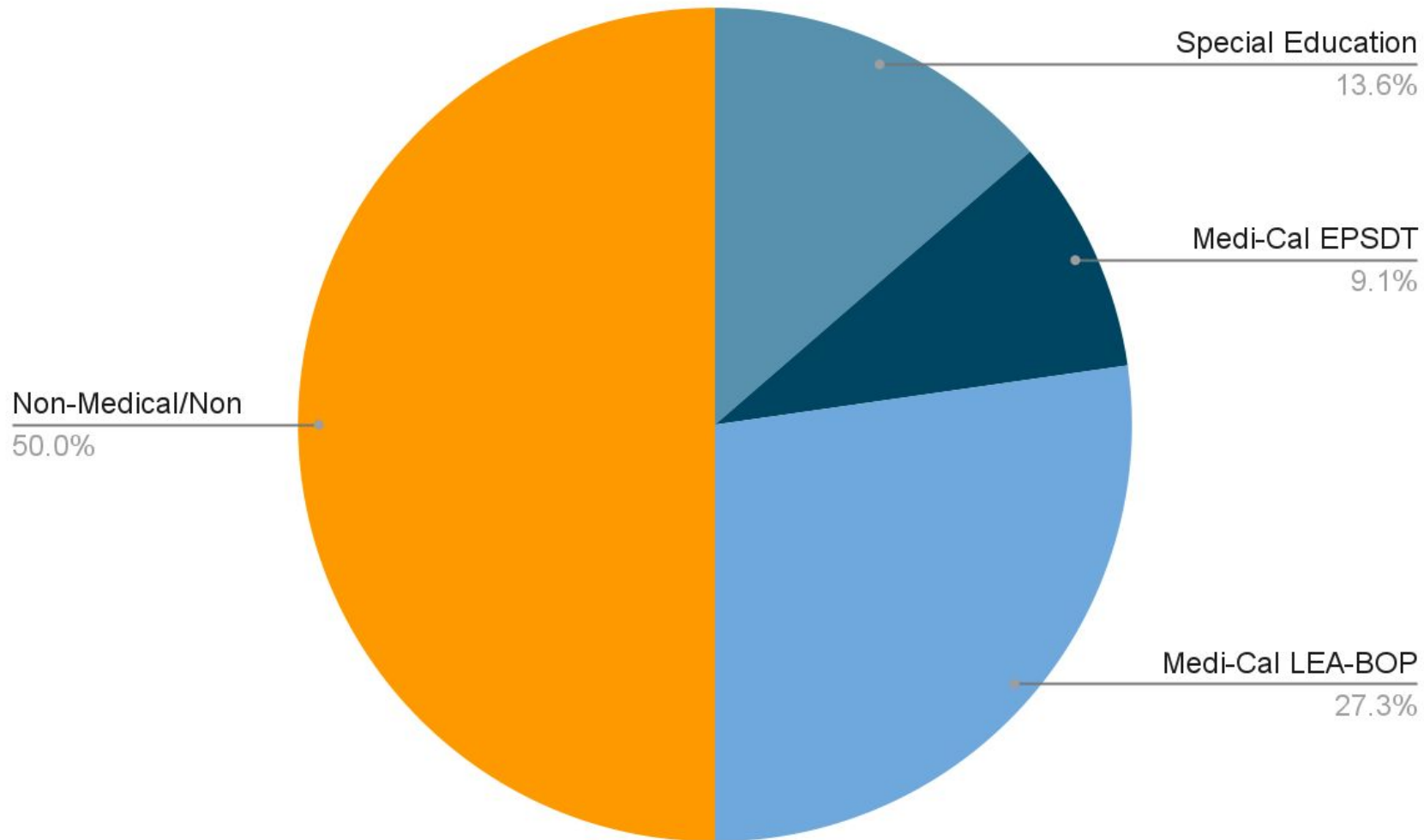
Mental Health  
Supported Programs

Itinerant Social workers and  
Mental Health Therapists

School Psychologist Counseling  
Wellness Centers  
Site Based Program Specialists

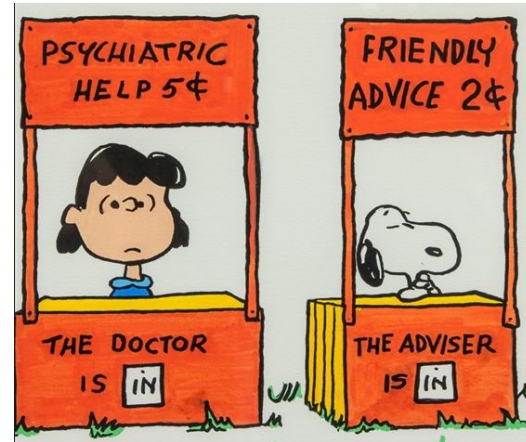
Site Supports  
(Counselors, Program Specialists, Vice Principals)

Classroom Support



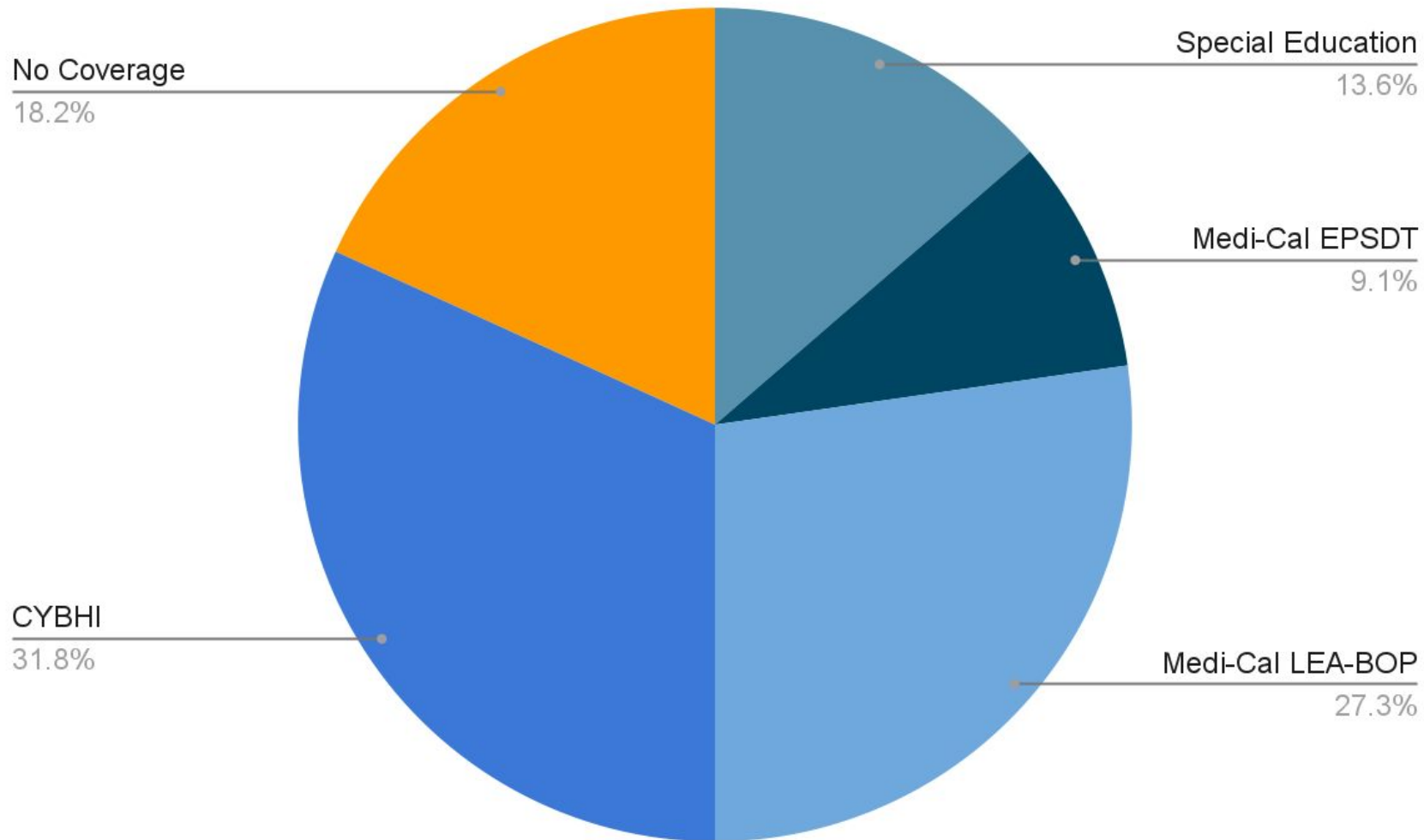
# Providers

- School counselors
  - Counseling Interns
- School psychologists
  - Psychologist Interns
- School social workers
  - Social Work Interns
- School marriage and family therapists
  - LMFT Interns
  - BHS 1
- Outside agency providers
  - Fred Finch
  - County Behavioral Health



# Incoming Funds

Program	Oversight Agency	Incoming Funds	Students without Disabilities	Students with Disabilities	Medi-Cal	Private Insurance	Services Covered
AB602/ Federal and State Mental Health Funds	Department of Education	\$28,655,682	No	Yes	Yes	Yes	All Special Education Services
Medi-Cal EPSDT	County Behavioral Health	\$2,400,000	Yes	Yes	Yes	No	Behavioral Health Services
Medi-Cal LEA BOP/MAA	Department of Healthcare Services	\$970,000	Yes	Yes	Yes	No	Behavioral Health Services
CYBHI Fee Schedule	Dept of Healthcare Services	\$600,000 capacity grant- Unknown implementation funds	Yes	No	No	Yes	Behavioral Health Services



# California Youth Behavioral Health Initiative

Specifically, DHCS, in collaboration with the Department of Managed Health Care (DMHC) and the California Department of Insurance (CDI), is establishing a statewide, multi-payer, school-linked fee schedule (CYBHI fee schedule) to reimburse school-linked providers for the provision of specified outpatient mental health and substance use disorder (SUD) services furnished to students 25 years of age or younger at a schoolsite.

Studies find that more students can receive behavioral health services when they are provided at school

The CYBHI aims to increase access to behavioral health services for children, youth, and families by expanding access to school-based behavioral health programs.

Specifically, the fee schedule enables LEAs and public institutions of higher education to be reimbursed for behavioral health services without needing to negotiate directly with health insurance plans



# California Youth Behavioral Health Initiative (CYBHI) Fee Schedule

We are in cohort 2

We already maintain electronic health records

We already have national provider numbers

We already have job descriptions and active qualified staff

Capacity grant secured and received

1 Lead Administrator: Wellness Programs

1 Billing Specialist

1 Social Work Specialist



# Questions

